**Physics and Astronomy Competency Records**

Competence can only be assured when a person has been assessed in their ability to carry out their work safely, usually by observation or testing and is separate to training. Examples include working with cryogenic liquids, compressed gases, machinery. The responsible person of the area should decide which activities require competency records in order for the users to work safely and unsupervised.

A record of the practical assessment should be recorded below and placed in the safety file; when the trainer is confident the trainee can perform the task competently and safely without supervision and the trainee feels competent to perform this task safely and independently.

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| **Task**  | **Date** | **Trainer** | **Trainee** |
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